
Joseph TRAINOR

TRAINOR, Joseph, 77, of Avon Park, Florida via Tampa, Florida, passed away peacefully in his sleep on the morning of March 6, 2016. He was a loving husband, father, grandfather, brother, friend, colleague, and mentor. He served his country in the US Navy.

He was very proud of his fire service career. He retired from the Tampa Fire Department as Deputy Chief, then retired from the Avon Park Fire Department as Chief. He served over a combined total of 40 years of service in both cities. Aside from his career, the most important parts of his life were his Lord, his family and the Tampa Bay Buccaneers. Joe was a model of consistency & perseverance as a grateful 41-year member of AA. He is survived by his loving wife, Lois; children, Holly, Hillary, Joseph, and Amy; his grandchildren, Bryce, Savannah, Owen, and Barrett; and his siblings, Tom, Jean, and David. All are welcome to attend a visitation at 3:00 PM, followed by a celebration of his life, this Sunday, March 13, 2016 at the Church of the Redeemer at 910 West Martin Road on Hwy. 27, Avon Park, FL 33825. In Lieu of flowers please send donations in memory of Joe Trainor to Change of Pace, an adult daycare service, at 4514 Hammock Road, Sebring, FL 33872. A second celebration of life will be held for friends of Bill W. on March 26, 2016, for info please call 863-604-8351.

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